

2011 INBF YOUNGSTOWN CARDINAL CLASSIC

Bodybuilding and Figure Contest

Saturday September 24, 2011

WNBF Pro Qualifier

Prejudging: 11:00 AM Evening Show: 6:00PM

Eligibility: Open to all amateur athletes who have a current INBF card (\$40.00), or may be obtained the day of show. Athletes must be drug free for 7 years from the date of show.

Polygraph testing: \$35.00 payable on day of test. **Entry Fee:** \$45.00 **Crossover:** \$20.00 (example: Masters & Novice)

Awards: 1st five places in each weight class and overall. Figure 1st to 5th place.

WNBF Pro Card will be awarded to Overalls in Open Bodybuilding (Men/Women), Masters Bodybuilding (Men/Women),

Open Figure, Masters Figure, Ms Fit Body (minimum 5 competitors in each class.) / WheelChair (3 competitors minimum)

Music: CD must be preset to maximum of 60 seconds.

Application Deadline: classes determined on entries received by September 1, 2011; walk-ins accepted day of show but NO classes added after September 1- applications only accepted for final determined classes. **CASH ONLY**

Open Men: () Bantam Weight –under 150 lbs () Lightweight –150 ¼ - 165 lbs () Middleweight-165 ¼-176 lbs

() Light Heavyweight – 176 ¼ - 190 lbs () Heavyweight-Over 190 lbs

Open Women: () Lightweight – Under 118 lbs () Heavyweight – 118 lbs & over

Masters Men: () 40 () 50 **Masters Women:** () Over 40 **Masters Figure:** () Over 40 () Over 50

Must send copy of license as proof of age

Teenage: () 19 Years and younger *Teens must send copy of license as proof of age-Under 18 need parent/guardian signature*

Women Figure: () 2 piece swimsuit only **Height:** _____ 2 classes if more than 10 entries

2 Rounds quarter turns and modeling walk

Ms Fit Body: () **WheelChair:** ()

Novice: Men () Women () Figure () -Classes to be announced

Definition: 1. Has not placed in top 3 in open division, in any organization.

2. Has not placed 1st in Novice division, in any organization.

3. Novice competitor cannot crossover to Open Division

PRINT NAME: _____ **AGE** _____

Telephone # Day () _____ **Night** () _____

ADDRESS _____ **CITY** _____ **STATE** ____ **Zip** _____

Email: _____ **GYM or Trainer Representing:** _____

INBF Membership #: _____ **Exp:** _____

Previously tested within 90 days? Yes _____ **What INBF Show?** _____

Titles Won: _____

Waiver: In consideration of your accepting this entry, I hereby intend to be legally bound for myself, my heirs, executors, and administrators, and waive and release any and all rights and claims for damages I may have against the International Natural Bodybuilding Federation Inc (INBF), World Natural Bodybuilding Federation, INC (WNBF), Stephanie Foley, George Hudzik, Karen Miller, and any sponsors, agents, representatives, and assigns for any injuries and/or losses suffered by me as a result of participation and/or attendance at the 2011 Youngstown Cardinal Classic on Saturday Sept 24, 2011. I understand that, in order to compete in any INBF sanctioned event, I will be required to submit up to two (2) drug tests to validate a seven year abstinence from the use of any type of steroids, hormones, prohormones, prescription diuretics and any and all other compounds deemed illegal by the decision of the INBF concerning my participation in an INBF-sanctioned contest pending the results of one or both test, as well as my adherence to all INBF rules and regulations. Failure to pass INBF drug tests or failure to adhere to INBF rules and regulations will result in my expulsion from the competition in question, as well as loss of INBF eligibility for seven years. I also agree to submit any and all out-of-season testing required by INBF and agree to stand by the results of said testing, whatever it may be.

Signature: _____ **Date** _____

Signature of Parent/Guardian (if under 18) _____

For Ticket and Hotel Information: Call (330) 559-1595 or go to: WWW.YTOWNCARDINALCLASSIC.COM

Mail Entry form/fees to: Cardinal Classic 141 Marcia Drive Austintown, OH 44515